



Canadian Bilingual School

Bringing Talent to Life

إدخال الموهبة في الحياة



CBS EXPRESS

September 2025

Vol:11 Issue:1



WELCOME BACK TO SCHOOL



This September, CBS opened its doors with warmth as teachers welcomed students with smiles and open hearts.

Students returned ready to learn, grow, and achieve new goals!





HIGHLIGHTS OF SEPTEMBER



Anything but a Bag Day



Crazy Hat Day



Crazy Hat Day



**Monthly Assembly
Respect**

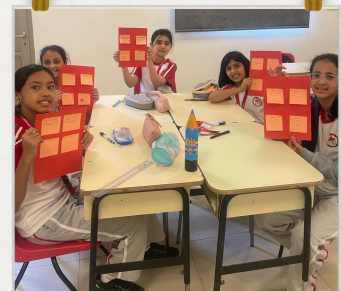
We have been busy here at CBS this month both academically and socially. Special days appear throughout the calendar year as a way to promote collaboration and build community. Our school kicked off the year with some exciting events. High schoolers showcased their creativity during Anything but a Bag Day, while elementary students had fun expressing themselves on Creative Hat Day. The monthly assembly focused on respect, reinforcing the importance of kindness and inclusion in our school community.

Another highlight was the introduction of school houses, creating a sense of belonging and this will also promote healthy competition across grade levels. The student council election and investiture ceremony also marked a special occasion where students were elected to leadership positions and formally took on their new roles.

Be sure to check the school calendar and the list of upcoming events on the last page of the newspaper for our next special day.



Investiture Ceremony



Grade 6B Classwork



CBS HOUSES



Orange Day



Orange Day



SK Literacy Block



NFC

CBS Student Council



Ms. Lama A.H. Al Jaljoili
Chair of the Student
Council



MESHAL YOUSEF
AL ANSARI
3A



AWS WAEI
THAHER
3B



NADIA HUMOD
AL ENIZI
3C



SOD MOHAMMAD
AL OTAIBI
4A



NOOR ALI
AL MUTAIRI
4B



AHMAD ABDULLAH
ALFALAH
4C



NASSER BADER
AL DHAFEERI
5A



RAKAN ABDULLAH
AL JASSAS
5B

CBS Student Council



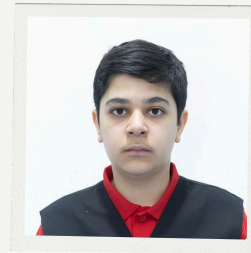
**Mubarak Mohammad
Awadh
6A**



**Al Hassan
Mohamed Kimbal
6B**



**Layan Naser Al
Mutairat
7A**



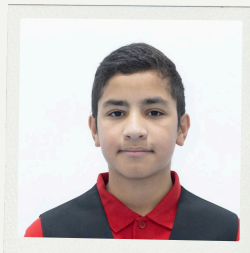
**Ahmad Anwar
Al Khaldi
7B**



**Salman Dawoud
Mohammad
8A**



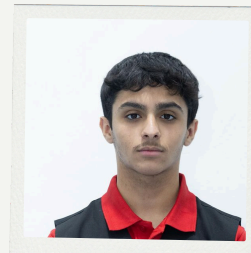
**Nawaf Salem
Rajab
8B**



**Yousef Jarrah
Mohammad
9A**



**Abdullah Falah
Al Rasheedi
9B**



**Othman Hussain
Al Nughaimesh
10A**



**Hussain Nashmi
Al Ajmi
10B**



**Yousef Khaled
Al Otaibi
11A**



**Dhai Mohannad
Al Farhan
11B**



**Laura Mohammad
Al Mutairi
12A**



**Yousef Muhanna
Al Thlaith
12B**

CBS INVESTITURE CEREMONY



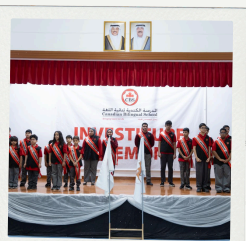
The investiture ceremony for the student council was a truly memorable event, filled with pride, anticipation, and a sense of responsibility. The program began with a formal procession, followed by inspiring words from our principal and teachers, who reminded us of the importance of leadership and service. As each member of the council was called forward to receive their badge, the atmosphere was filled with excitement and encouragement from our peers. The solemn oath we took symbolized not only our commitment to uphold the school's values but also our promise to lead with integrity and dedication.



Being included in this ceremony was an incredible honor for me. Standing on stage and receiving my badge made me feel both proud and humbled, as it represented the trust my teachers and classmates had placed in me. It was a moment that reminded me of the responsibility that comes with leadership—not just the title, but the actions and attitude that define it. I felt truly grateful for the opportunity to be recognized and to serve in a role where I can make a positive impact on the school community.



The investiture ceremony will remain one of the most meaningful experiences of my school life. It marked the beginning of a journey filled with learning, growth, and service. I am deeply honored to have been chosen as part of the student council, and I am determined to live up to the expectations that come with it. With the support of my teachers, friends, and fellow council members, I am excited to take on the challenges ahead and contribute to making our school an even better place.



Dhai Mohannad Al Farhan

Editor's Note

Foundational Skills Needed for Writing in School



Fine motor skills are equally important. A child must develop hand strength, pencil grip, and control to form letters with ease. Engaging in activities like drawing, cutting, and tracing supports these physical skills.

Another key building block is phonemic awareness and phonics knowledge. Recognizing letter sounds, blending them into words, and understanding spelling patterns allow children to connect spoken language to written symbols. Alongside this, letter formation and handwriting fluency provide confidence to record ideas.

Writing is a critical skill for success in school and beyond, but it does not develop overnight. Young learners must first acquire several foundational skills that prepare them to express their thoughts clearly and confidently.

One essential foundation is oral language development. Before children can write, they need a strong vocabulary and the ability to form complete sentences when speaking.

Through conversations, storytelling, and discussions, students build the language structures they later transfer into writing.

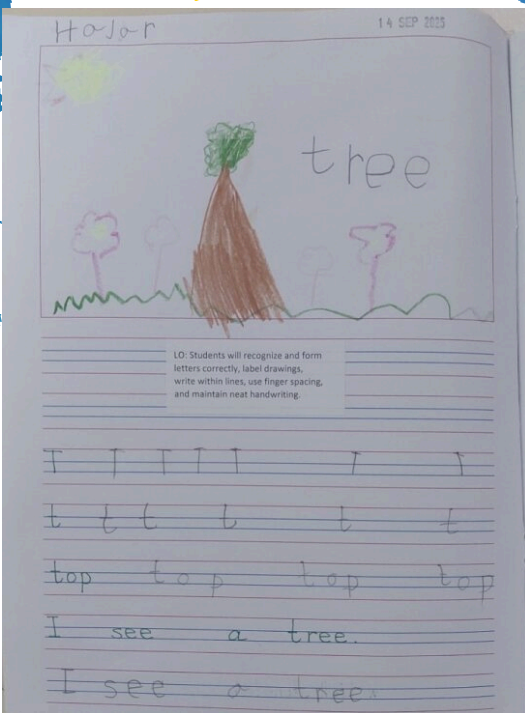
Reading skills also play a vital role. Exposure to a variety of texts introduces children to sentence structures, organization, and writing styles. When students read regularly, they develop a sense of how ideas flow, which strengthens their own writing.

Finally, executive function skills such as planning, sequencing, and focusing are necessary to organize ideas, stay on task, and complete writing assignments.

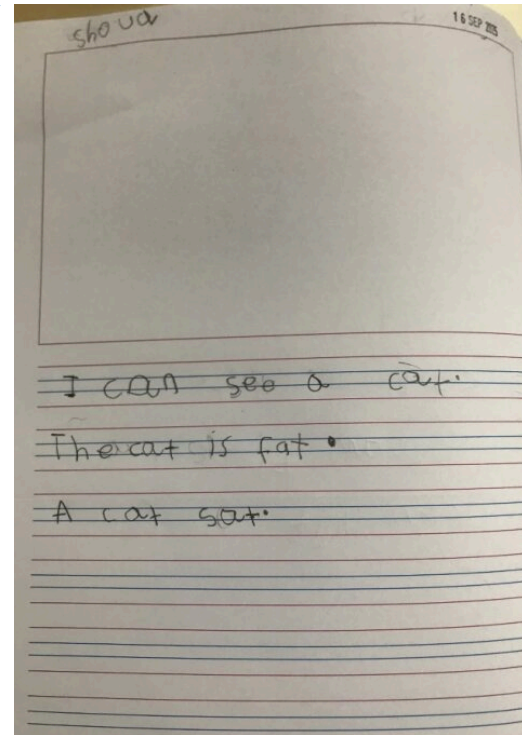
When our school nurtures these foundational skills, we equip our students with the tools to become successful, expressive, and independent writers.

Ms. Henna
Editor-in-Chief

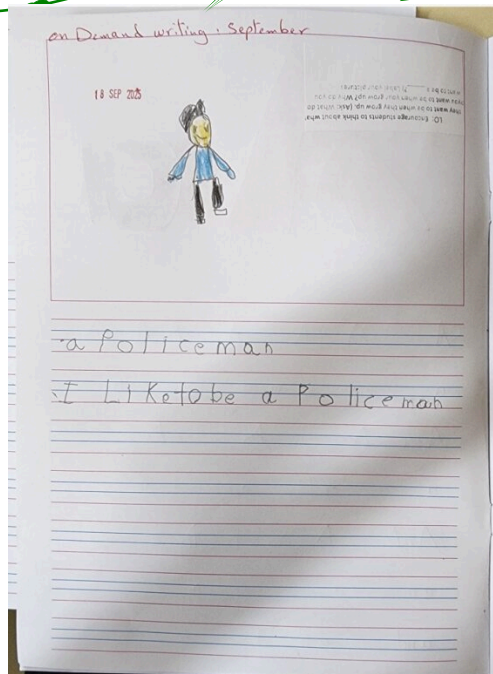
BUSY LITTLE HANDS



Hajar Mohammad AL Mutairi
SK1

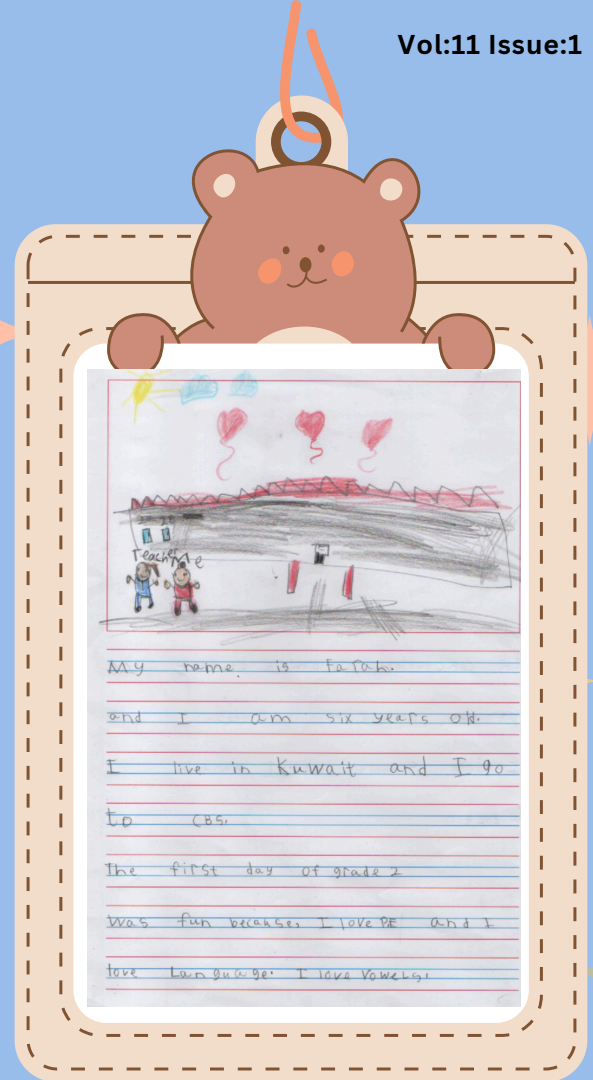
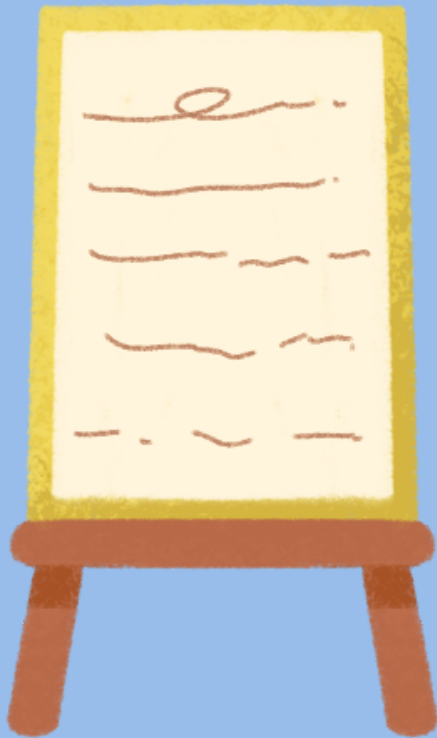


Shouq Ali Al Otaibi
Sk2



Khaled Abdulhadi Al Shanfa
Sk3

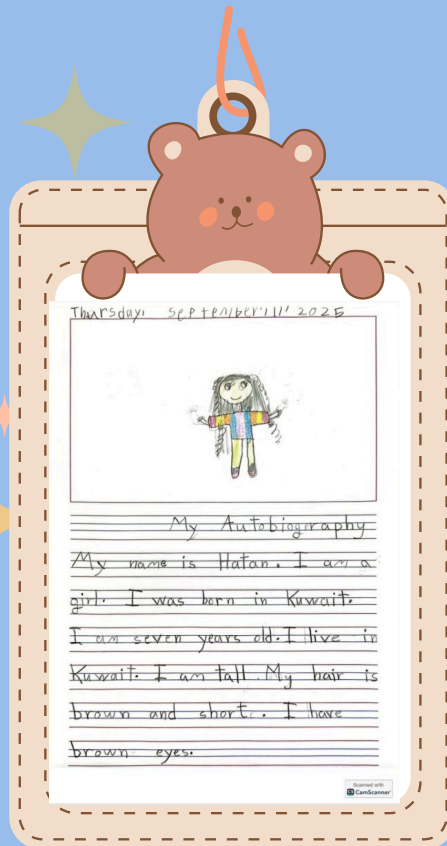
MEET GRADE 2 STUDENTS



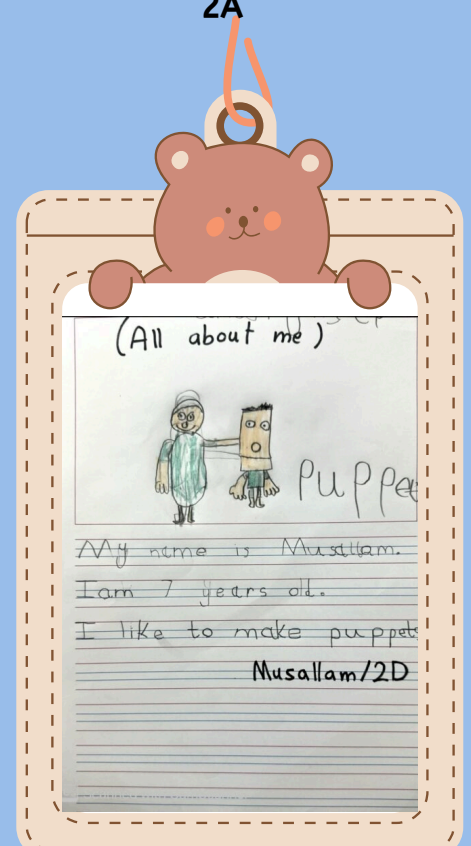
**Farah Abdulrahman Al Mutairi
2A**



**Rashed Mubarak Al Shabak
2B**



**Hatan Muhanna Al Thlaith
2C**



**Musallam Khalifah Al Nesafi
2D**

A decorative graphic for Eid Mubarak. The words "Eid" and "Mubarak" are written in a large, elegant, golden-brown script. The text is surrounded by intricate floral and leaf patterns, also in a golden-brown color, set against a light beige background. Small, four-pointed star-like motifs are scattered throughout the design.

DUBAI

Dubai is bright; it shines with power,
Tall buildings rise just like a flower.
The sun is hot, the sky is blue,
It feels like dreams are coming true.

The lights at night glow every hour,
The city shines with magic power.
The streets are full, the shops are wide,
A happy place with joy inside.



Eid

We wear new clothes and eat sweets, (A)

Happy Eid everyone greets. (A)

If you really want to celebrate, (B)

Lets gather in Kuwait. (B)

Summer

I love the days when school is done, (A)

And summer brings the skies so blue. (B)

We play outside, and have such fun, (A)

With friends and family, laughter too. (B)





Summary of Eleven

Eleven is about a girl named Rachel who turns eleven. On her birthday, she experiences a range of emotions. She is happy to be older, but also sad when her teacher gives her a red sweater that is not hers. Rachel tries to tell the teacher, but no one listens. She feels frustrated and wishes she could be older so she could speak up more strongly. By the end, Rachel learns that being eleven does not mean you stop feeling like a child sometimes.

*What I learned from the story:
I learned that age does not always change how we feel inside, and sometimes we can still feel small, regardless of our age.*



MAHMOUD FARSHCHIAN

Mahmoud Farshchian was an Iranian master of Persian miniature painting, born in Isfahan in 1930 and passing away in 2025 at age 95. Renowned as the "reviver of Persian miniature art," he developed a distinct style by fusing classical Persian techniques with Western influences and modern aesthetics. His work is known for its dynamic compositions, symbolic use of animals, and deep connection to Iranian mysticism and spirituality, particularly the themes of Ashura. Farshchian was also an educator and an international figure whose art was exhibited and collected worldwide, with his own museum located in Tehran's Sa'dabad Palace.

• Key Facts

- Born: January 24, 1930, in Isfahan, Iran.
- Died: August 9, 2025, in New Jersey, U.S., at age 95. Legacy: He founded a distinct school of Iranian painting and is credited with reviving Persian miniature art, leaving a lasting impact on Iranian cultural identity.
- Museums: His works are displayed in the Mahmoud Farshchian Museum in Tehran Province, Tajrish, District 1, Darband St, RC7G+X8J, Iran

"EL LIBERTADOR"

SIMÓN BOLÍVAR



One of the most important figures in the history of Latin America was Simón Bolívar. Bolívar was born in Caracas, Venezuela, in 1783 and came of age in a time when Spain still controlled the vast majority of South America. When Bolívar learned to read, he did so with an understanding of emancipation and democracy and believed that people should have the ability to govern themselves. I feel as though these sentiments encouraged a man to do the impossible.

In the early 1800s, Bolívar led various armies to fight for independence from Spanish rule. In addition to his native Venezuela, he fought in Colombia, Ecuador, Peru, and what we know as Bolivia. He earned the title "El Libertador" through the liberation efforts he exhibited throughout the region. Some of his campaigns were strenuous—one particular campaign led an army across the Andes mountains during a harsh winter blizzard, which always makes me question how many people survived. Ultimately, his efforts led to the emancipation of Spanish control of much of South America.

Yet Bolívar was not just a military leader; he was a political visionary who sought to create a united Gran Colombia nation with a specific constitution. He believed that without a large population working together to appreciate freedom through shared governmental efforts, independence would be compromised over time. Many people disagreed with his constitutional expectations, and Gran Colombia did not last; however, Bolívar's ideas inspired others to advocate for continuous independence movements in the years to come.

Today, Bolívar is known as a hero throughout Latin America. He has a country named after him—Bolivia—as well as thousands of statues, parks, schools, and cities named after him. His ability to champion the cause of independence does not mean that his hopes for a united continent were realized; instead, it signifies that one person's idea and courage can go a long way in making strides throughout history. He was truly a fascinating figure of the 19th century.

Respect is a cornerstone of our daily lives, a fundamental value that shapes our interactions and influences how we're perceived by others. It's not just about receiving; it's about giving, even when we don't get it back. Showing respect, regardless of the situation, builds a strong reputation and, perhaps more importantly, fosters self-respect. This internal sense of value is crucial for navigating life's ups and downs.

Kindness and respect go hand in hand. When we treat others with kindness, we create a foundation of trust. People are more likely to confide in us, seek our advice, and value our opinions. This is especially true when it comes to our peers and elders. Treating them with consideration and understanding not only strengthens relationships but also creates a more supportive community.

Being cheerful, friendly, and accepting of others also plays a big role in earning respect. When we approach others with a positive attitude, we make them feel valued and appreciated. This, in turn, encourages them to treat us with the same level of respect and consideration. It's a cycle of positivity that strengthens relationships and makes interactions more enjoyable.

Ultimately, respect and kindness stem from within. They are not external behaviors but reflections of our inner values and intentions. By cultivating good intentions in everything we do, we create a ripple effect of positivity. This approach not only benefits us but also makes the world a better place, one interaction at a time.



THE MOST MEMORABLE TRIP



When I was five or seven, my family and I went to London, a city in England. We went to magnificent restaurants, saw amazing views, and took a tour around the entire city. We stayed at a fancy hotel during the winter season, and at that time, it was common for snow to fall all month. We also took walks around the block.

One time, while we were on our regular walk, we spotted an older man playing an instrument, specifically a saxophone. The older man wore a fedora hat; he had white hair and a white beard, blue eyes, and a friendly smile. Next to him was the fedora he usually wore, signaling that he needed money. We always gave him money, and he would not only thank us, but he would also cheer for us. The older man was charming, but one day he just vanished off the face of the earth. I wasn't really moved, nor affected, but rather curious because I saw him almost every time we walked by his spot. We went back after three weeks. The moral of the story is to make people smile, even if they don't smile back.



Saoud Nawaf Al Jmaili
10A



How one person can transform an entire community



A person can come in with excellent morals and extraordinary abilities or features and change the view of an entire community by feeding them knowledge they can't find anywhere else or showing them things that can open their eyes to opportunities they could've never had.



Soud Ali Al Shemmari

10B

A community with bad morals and one that mistreats its tourists/people can change, no matter how bad they were previously known to be. If a person were to come in from a foreign area with respect and a good mindset, that mindset can motivate others, change their view of life itself, and inspire them to adopt new ways to grow together as better people. It could also be someone who changes a community by disrespecting its people and feeding them illusions, insulting hard workers, and overall altering the mood and mindset of others.

CHARACTER TRAIT

Grade 12

"RESPECT"

Respect is the key to human relations, as it allows people to be harmonious, cooperate, and develop together within school life and later in life in general. Respect for other individuals is not a show of politeness, but the recognition of their dignity, personality, and perspective, even when contrary to ours. As seniors, it is our responsibility to impart wisdom that can shed light on the path of younger students, because life brings us experiences that books cannot. The initial recommendation is to embrace empathy, as honest respect entails the ability to understand and sympathize with others' feelings. If a classmate is struggling with schoolwork, self-esteem, or personal matters, empathy can foster bonds of friendship and trust. Just as important is the establishment of integrity, as respect is lost when words and actions are in contrast to each other; honesty, responsibility, and firm principles earn respect and build a reputation that will transcend school years. Another critical lesson is to value diversity, as schools are themselves vibrant communities comprising students from different cultures, religions, and backgrounds. By appreciating this diversity, students learn tolerance, patience, and intellectual adaptability, all of which prepare them for the challenges of adult life. Moreover, respect ought not be given to teachers and peers alone, but to oneself as well, for self-respect is what supports confidence and motivation; students who respect their own efforts are more likely to work beyond difficulties and aspire for excellence. By practicing empathy, being honest, embracing diversity, and respecting themselves, students will create an environment in which learning flourishes and relationships deepen. Eventually, respect becomes more than a superficial gesture; it becomes an inner virtue that establishes character. As older students, we must practice it so that younger pupils can learn a culture of dignity, empathy, and enduring respect.

RESPECT

Respect is one of the most important values that students must carry with them throughout their school years. It is the foundation of healthy relationships, productive learning, and personal growth. Respect means treating others the way we want to be treated, regardless of differences in background, opinion, or ability. In a school setting, respect should be shown not only to teachers and staff but also to classmates and even to ourselves.

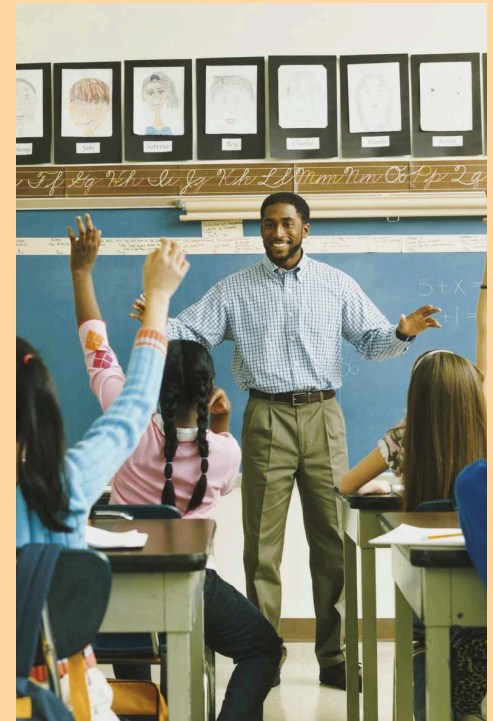
When respect is practiced daily, it creates a positive environment where everyone feels safe, valued, and motivated to learn.

As a senior, I have learned through experience that respect is not just about being polite. It is about listening carefully when someone speaks, valuing teamwork, and understanding that everyone has something important to contribute. For example, when we respect our teachers by being attentive in class, we are showing appreciation for their effort and knowledge. When we respect our peers, we are less likely to engage in bullying, gossip, and unnecessary conflict. This allows friendships to grow and learning to become more enjoyable. Most importantly, when we respect ourselves, we make choices that protect our well-being, both academically and personally.

To my younger colleagues, I would like to share a few pieces of advice for leading a healthy life at school. First, always manage your time wisely. Balance between studies, extracurricular activities, and rest is essential. Avoid procrastination because it only creates stress and weakens your performance. Second, take care of your health by eating well, drinking enough water, and getting enough sleep. A healthy body leads to a sharp mind. Third, surround yourself with positive friends who encourage you to do your best and who remind you of your worth. Peer influence is powerful, so choose it wisely.

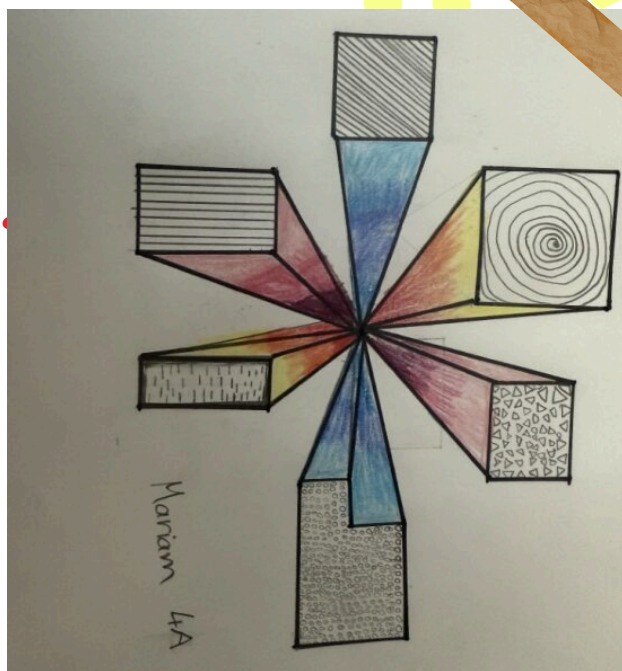
Another important piece of advice is to communicate respectfully with everyone. Disagreements will happen, but they can be solved through patience and understanding instead of anger. Use kind words, show gratitude, and be willing to help others when they need support. Finally, do not forget to respect your own goals and dreams. Believe in yourself and do not let distractions pull you away from your purpose.

In conclusion, respect is the key to building a strong school community and living a healthy student life. By respecting teachers, classmates, and ourselves, we create an atmosphere where all share in success. My advice is simple: live with respect, and you will enjoy both your time in school and the lessons it gives you for life.

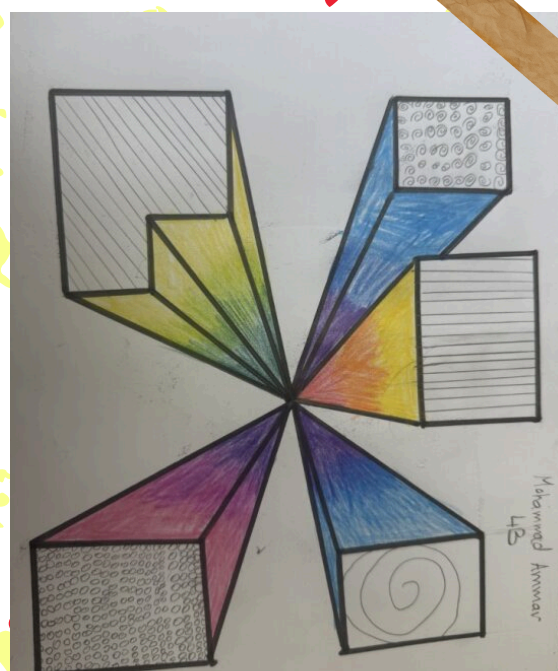


Hamad Ali Al Muhana

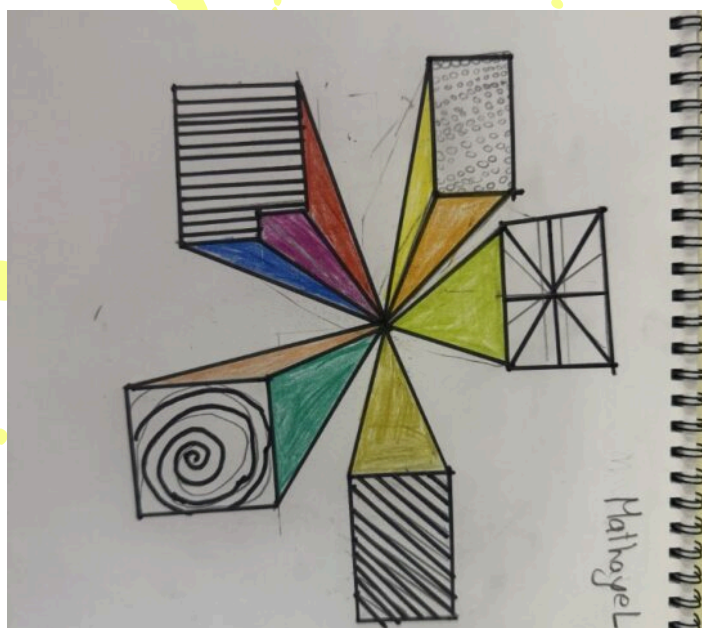
Art Corner



Mariam Abdelaziz Al Rashidi
4A



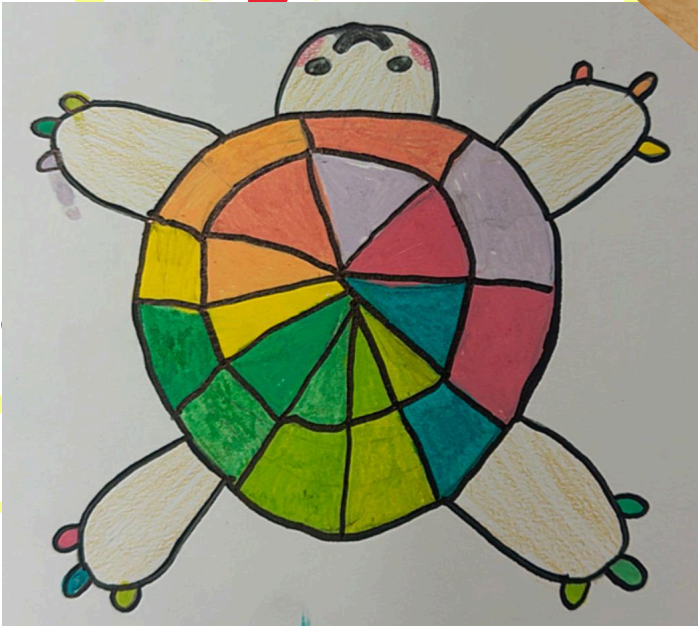
Mohammad Ammar Al Hebeshi
4B



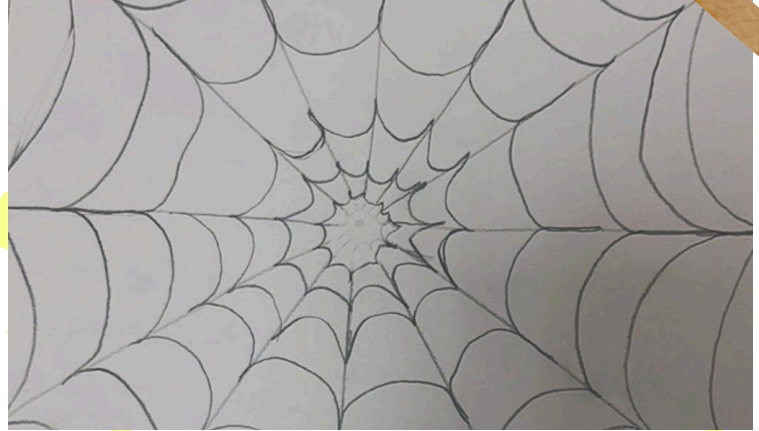
Mathayel Suwayed Al Rasheedi
4C



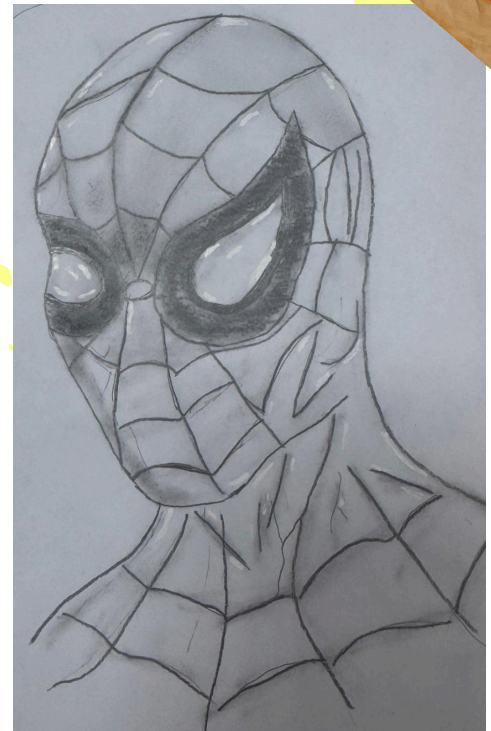
Art Corner



Partow Hossein Saffari
6B



Nouf Raed Sultan
8A



Nawaf Salem Rajab
8B



Art Corner

Shams 10A



Shams Abdulateef Al Hazzaa
10A

Dawoud



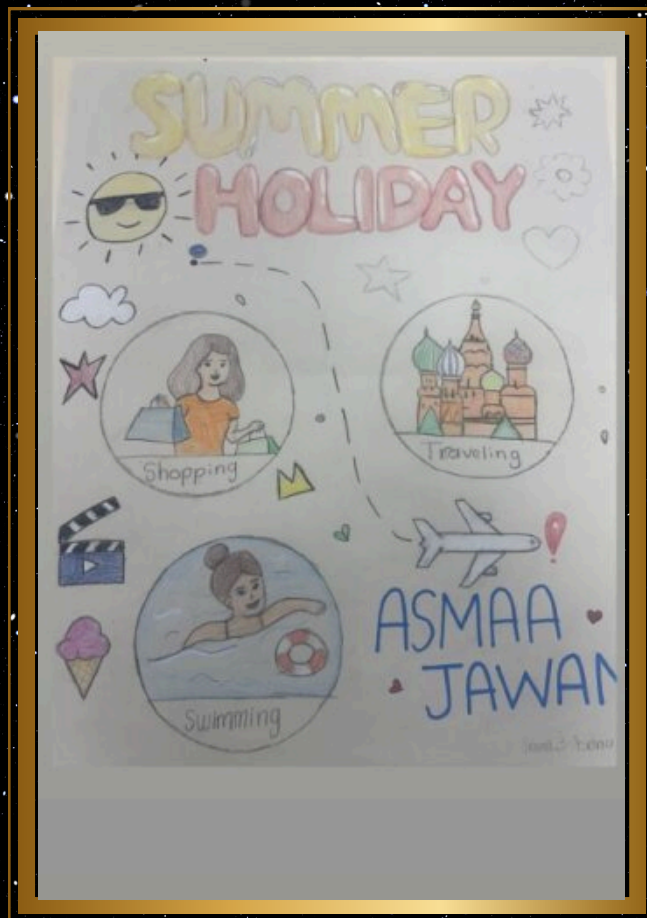
Dawud Salah AL Hai
10B



Art Corner



Al Kadi & Al Jouri Hussain Al Mutairi
12A



Asmaa Al Jadei & Jawan Al Dhafiri
12B



Quick Tips to Show Respect Every Day

Kind Communication

Use kind words and listen carefully to others

Personal Boundaries

Respect personal space and belongings

Honest Actions

Follow rules and be honest in all situations

Celebrating Differences

Appreciate differences and include everyone



Reflection: What Does Respect Mean to You?

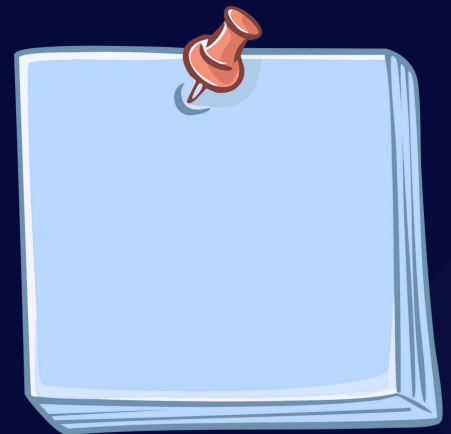


? Personal Reflection

Write or draw one way you can show respect today

Share your ideas with a partner or the group

This helps us think deeply about how respect looks in our daily lives



**GET
READY, THE STAGE IS SET
FOR TEAMWORK,
LEADERSHIP, AND FUN!
WHICH HOUSE WILL
RISE TO THE TOP?
THE RACE IS ON!**



This year marks a brand-new chapter in the history of CBS — the launch of our thrilling Four-House System! Students and teachers alike will now be part of one of four vibrant houses: Blue, Red, Yellow, or Green. Each house will soon reveal its very own name, flag, and mascot, making the spirit of competition even more electrifying!

From academic challenges like the Spelling Bee, Math Olympiad, and Debating Competitions, to creative events such as the Talent Show and Pick-a-Tale Reading Contest, every student has the chance to shine and score points for their house. Even healthy lunch boxes, teamwork on the soccer field, fitness achievements, and attendance will count toward the final victory.

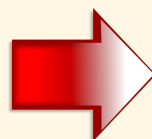
A clear point system (5 for first place, down to 2 for fourth) will keep the competition fair and exciting. Points will be tracked by our HS Principal and proudly displayed on boards around the school, updated monthly, and celebrated in assemblies.

To boost spirit, one day each month the school will shine in House Colors, with teachers and students proudly wearing their team shades. At the end of each term, winning houses will be announced, and by year's end, the Ultimate House Champion will be crowned.

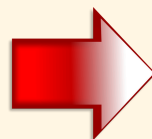


UPCOMING EVENTS

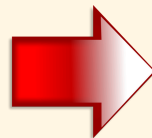
OCTOBER 2025



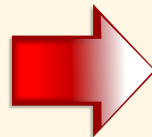
October 6th: Healthy Living Day



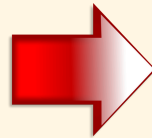
October 6th -9th: Arabic Standardized Test



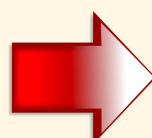
October 8th: After School Clubs begin



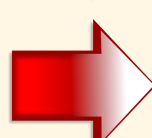
October 8th: Parent Workshop Grade 12



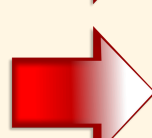
October 9th: Bake Sale Q1 (SC)



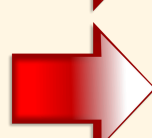
October 22nd: Gr 5, 6, and 7 Parent Engagement/Green Team-
Parent Awareness



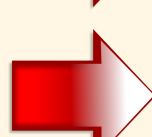
October 26th-30th: Book Fair



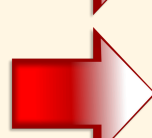
October 29th: Twin Day



October 29th: Spelling Bee Competition



October 29th: HS Assembly



October 30th: Parent-Teacher Conference
No school for students



CBS EXPRESS

The first English Newspaper at CBS

Editor in-Chief: Ms. Henna Shalbin

Designer: Ms. Doaa Abdalla

**Associate Designer: Zahraa Mohammad
Ibrahim**